## GRACE POINTE



### CARE · ASSESS · REPORT · EMPOWER

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The Grace Pointe Senior "C.A.R.E" Report serves to showcase the efforts put forth by Grace Pointe to care for its residents.



Our Mission is to Serve Others

Q2 2021 Edition

CARE Care



Marlene Eickholt

#### **ASSISTED LIVING RESIDENT & REHABILITATION GRADUATE**

#### - Testimonial -

"If someone said I'm looking at Grace Pointe for my mom. I would say 'absolutely' with no hesitation whatsoever. I would tell them this would be a great place for her and she will enjoy it."

#### - Marlene Eickholt

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### A Testament to Care

#### **Marlene Shares Her Experience as a Grace Pointe Continuum of Care Resident**

#### Q: Tell me about your experience in the Grace Pointe rehab center?

I was very satisfied with it. They were all really professional. I have experienced other places where it has not been professional. These ladies were great. They knew their business and they really helped me.

#### Q: What ways did they help you in rehab?

I had walked with a walker. I went to bed one night and got up the next morning and I couldn't walk. From then on it's been hard. I was at another assisted living and I just was not getting better. The staff at Grace Pointe rehabilitation center taught me how to use the wheelchair safely. They taught me how to transfer myself. How to get in and out of and use the wheelchair. Grace Pointe taught me all of that. They helped me be able to stand on my own and to be able to go on with my life activities. I can transport myself from my chair to my bed and back to the wheelchair or wherever I need to go. That was helpful. That's what has made a very big difference.

#### Q: Tell me a little bit about your Grace Pointe assisted living experience?

Over here at assisted living they are also very professional. At other places I sometimes wonder if they are here to take care of you or not. At Grace Pointe they are right there. I haven't needed them very often but when I did they were really fast and did what I wanted. I really like it here. They are really good people.

#### Q: Grace Pointe has a full continuum of care. Why was that helpful to you?

When I was still in rehab they brought me over. I had my chair and bed here and we practiced. We also worked on getting in and out of the shower and bathroom in my new apartment. As I said, everything they wanted me to do I have been able to do. If I ever need therapy again like if I'm not doing my exercises the way I am supposed to I can always get them back and it's nice they are right here. The adjustment went terrific from rehab to my new apartment. No problem whatsoever.

#### Q: What other things are good about Grace Pointe?

Oh, the food is delicious. In other assisted living places, the food was not good at all. The chef here is great. It is good food and is presented nicely. Presented so you want to eat it. Appealing and appetizing.

#### Q: Why did you decide to come to GP after being at another Assisted Living Facility?

My daughter toured some time ago for me. She really liked how professional Grace Pointe is. The only reason I didn't take it at the time was because the room available didn't work with my furniture from home. But I guess that doesn't make that much of a difference if you're pleased with the care and staff. I came here from the hospital for rehab because it was the one my daughter knew about. So, I came over here and have been just so happy with everything and everybody and did not want to leave. Everybody is good here.

## Q: What does your family say about your choice in Grace Pointe?

They recently were able to bring my grandsons in one at a time. We played monopoly and go fish. They love my apartment. It feels like home. I am more than glad I decided to stay here. I am so very happy!













#### - Testimonial -

"We really just want to focus on our seniors, keeping them safe, reducing falls, and helping them age in place here at Grace pointe and be as successful, as mobile and as independent as we can get them."

#### - Heather Hanson

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### Assessing the Benefits of the Grace Pointe Therapy Program

### An Interview with Director of Rehabilitation, Heather Hanson

#### Why is having a therapy department so important?

Physical therapy and therapy in general are so important for our seniors. Right now we are caring for folks post hospitalization.

Due to the pandemic they have not been able to get around as much. Therapy helps improve those who have just gotten deconditioned.

## The Grace Pointe therapy department has added new services such as wellness classes. Can you explain more?

We are trying to really promote therapy to our community. We are getting in to see folks. Helping them to learn new ways to exercise, different ways of moving, trying to maintain a level of health or even improve a level of health that may have subsequently shown a dramatic decline.

#### What are reasons to participate in a therapy program?

Reasons can be an event, sickness, Covid or simply a fall in the community because they haven't been getting up and getting around nearly as much. Unfortunately, with Covid restrictions and restricted ability to get out and about we have seen drastic health related problems.

## CARE



DIRECTOR OF MARKETING

#### - Testimonial -

"We are so excited to transition to an in-house therapy department. It reinforces the interdisciplinary approach needed for success."

#### - Jennifer Peterson

### Grace Pointe Brings Therapy In-House



report

Transitioned to full in-house rehabilitation therapy in November 2020!



There are 7 full time therapists now on the Grace Pointe staff that include the Director and PT, PTA, OT, COTA and SLP.



Since transition to an in-house therapy department the team has treated more than 150 residents for hospital rehabilitation, long term skilled rehab or outpatient therapy for assisted living residents.



## CARE



**Andrea Scandrett** 

PROGRAM MANAGER, DEMENTIA TOGETHER

#### - Testimonial -

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"It's a new way to interact and it's just fun. There is no Memory Café where someone is not laughing or smiling."

#### - Andrea Scandrett

### Empowering Our Industry Through Partnerships

empower

In 2020 Grace Pointe transitioned to the virtual "Mobile" Memory Café program with Dementia Together. It is a wonderful way to maintain participation in the program in a new way due to the pandemic. On Tuesdays at 1:30 and Fridays at 10:30 the Grace Pointe activities team gathers a group of Memory Care Assisted Living residents and logs onto Zoom to participate in the biweekly program. The program includes time singing songs from the past, discussing memories such as music, favorite childhood foods, movies, places of travel and much more. There are also opportunities to interact with residents partaking in the program from other communities in Northern Colorado virtually. The program allows for everyone to enjoy each other's company and spend time together.

#### Dementia Together Program Manager, Andrea Scandrett, Shares Her Insight

#### Q: What Does Dementia Together do?

We are a nonprofit organization that started back in 2015 as a volunteer initiative. Our mission is that no one has to walk the dementia journey alone. We provide education and life enrichment with the idea that we can make life changing differences now for people living with dementia. It doesn't have to be the tragic narrative that we hear about dementia out there. People can live with joy.

#### Q: Why is Memory Care Important?

There is so much more that we can tap into and the greatest thing about Memory Café to me especially when we do it with couples is they learn new things about each other. We see that almost every week. Someone will look at their spouse of 50 years and say I never knew that or I never heard you talk about this. It brings up so many memories that would never be brought up otherwise.

#### Q: How Has the Pandemic Shifted Your Efforts?

Definitely a pro is we are reaching more people that were home bound and couldn't come to a live Memory Café. I always prefer the in person but the virtual has a lot of benefits because we can use technology a lot more effectively. We are also going into facilities now that hear about this that I wasn't going into before so outreach is greater.







# **Our Mission is to Serve Others.** Serving is Our Highest Calling.



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