

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

**MARCH 2023**

**ASSISTED LIVING**



<p>9:00 Coffee and Donuts B 9:00 Channel 18 Church Service on TV (Lutheran)</p> <p>10:00 Church Service with Steve Madrid in the ALDR</p> <p>2:30 Afternoon Bingo ALDR</p>	<p>9:30 Balance &amp; Strengthening ER 10:00 Watercolor Art ALDR 11:00 Exercise Class ER</p> <p>2:00 Oreo Cookie Tasting in the Bistro</p> <p>2:30 Blackjack Game ALDR</p> <p style="text-align: center;"><small>Purim Begins</small></p>	<p>9:00 Classical Music w/Jonathon in the BR 10:00 Video of Natural Wonders of the World ER 11:00 Exercise Class ER</p> <p>1:00 Exercise Class (HIIT) with Therapy in ER</p> <p>1:30 Greeley Library Book Mobile in ALLR</p> <p>2:30 Afternoon Tea Social w/Muffins ALDR</p>	<p>9:00 Coffee &amp; Mini Coffee Cakes in Bistro 9:30 Balance &amp; Strengthening ER 10:00 Jeopardy ER 11:00 Exercise Class ER</p> <p>1:00 Afternoon Movie ER "The Sound of Music" Run Time 2 hrs 54 mins Serving Fresh Popcorn</p>	<p>9:30 Catholic fellowship w/Ron ALDR 10:00 Kings Corner ER 11:00 Exercise Class ER</p> <p>2:00-3:30 Paint &amp; Polish Nails in the ER</p> <p>6:00 Evening Bingo ER</p>	<p>9:30 Balance &amp; Strengthening ER 10:00 Right-Front-Center Game in the ER 11:00 Exercise Class ER</p> <p>2:30 The Greeley Senior Singers in the ALDR</p>	<p>9:00 Gourmet Coffee Bistro 10:00 Chair Yoga ER (Video) 11:00 Exercise Class ER</p> <p>1:15-2:00 Bingo ALDR</p> <p>2:30 Serving Brownies in the Bistro</p>
<p>9:00 Coffee and Donuts B 9:00 Channel 18 Church Service on TV (Lutheran)</p> <p>10:00 Church Service with Steve Madrid in the ALDR</p> <p>2:30 Afternoon Bingo ALDR</p>	<p>9:30 Balance &amp; Strengthening ER 10:00 Watercolor Art ALDR 11:00 Exercise Class ER</p> <p>2:00 Oreo Cookie Tasting in the Bistro</p> <p>2:30 Blackjack Game ALDR</p> <p style="text-align: center;"><small>Purim Begins</small></p>	<p>9:00 Classical Music w/Jonathon in the BR 10:00 Video of Natural Wonders of the World ER 11:00 Exercise Class ER</p> <p>1:00 Exercise Class (HIIT) with Therapy in ER</p> <p>1:30 Greeley Library Book Mobile in ALLR</p> <p>2:30 Afternoon Tea Social w/Muffins ALDR</p>	<p>9:00 Coffee &amp; Donut Holes B 9:30 Balance &amp; Strengthening ER 10:00 Kings Corner Game ER 11:00 Exercise Class ER</p> <p>12:00 Massages in the ER for those who have signed up.</p> <p>2:45 Afternoon Movie ER "Little House on the Prairie" Run Time 1 Hr Serving Fresh Popcorn</p>	<p>9:30 Catholic fellowship w/Ron ALDR 9:45 Dollar Tree Trip-sign up 10:00 Jenga Game ER 11:00 Exercise Class ER</p> <p>2:00-3:30 Paint &amp; Polish Nails in the ER</p> <p>6:00 Independent Game Night B</p>	<p>9:30 Balance &amp; Strengthening ER 10:00 Bible Study w/Kelly ER 11:00 Exercise Class ER</p> <p>2:30 Music w/Sydney Pierce Celebrating this Month's Birthday's w/Cake ALDR</p>	<p>9:00 Gourmet Coffee Bistro 10:00 Chair Yoga ER (Video) 11:00 Exercise Class ER</p> <p>1:15-2:00 Bingo ALDR</p> <p>2:30 Serving Cookies in the Bistro</p>
<p>9:00 Coffee and Donuts B 9:00 Channel 18 Church Service on TV (Lutheran)</p> <p>10:00 Streaming Church in the ER</p> <p>2:30 Afternoon Bingo ALDR</p> <p style="text-align: center;"><small>Daylight Saving Time Begins</small></p>	<p>9:30 Balance &amp; Strengthening ER 10:00 St. Patrick's Day Crafts in the ALDR 11:00 Exercise Class ER</p> <p>1:00 Afternoon Movie ER "My Fair Lady" Run Time 2 hrs 52 mins Serving fresh Popcorn</p>	<p>9:45 Shopping Trip to King Soopers- Sign Up Please 11:00 No Exercise Class</p> <p>1:00 Exercise Class (HIIT) with Therapy in ER</p> <p>2:00 Resident Food Committee-ER</p> <p>2:30 Resident Council Meeting-ER</p> <p>3:00 Cookies in the Bistro</p>	<p>9:00 Coffee &amp; Cookies B 9:00 Bible Study w/Linda PDR 9:30 Balance &amp; Strengthening ER 10:00 Jeopardy ER 11:00 No Exercise Class</p> <p>11:15 Eat Out Lunch to Georgia Boys BBQ -Sign Up Please</p> <p>2:30 Food Presentation with Mark on "International Beverages" in ALDR</p>	<p>9:30 Catholic fellowship w/Ron ALDR 10:00 UNO Game ER 11:00 Exercise Class ER</p> <p>2:00-3:30 Paint &amp; Polish Nails in the ER</p> <p>6:00 Evening Bingo ER</p>	<p>9:30 Balance &amp; Strengthening ER 10:00 Making Trudy's Greeting Cards ALDR 11:00 Exercise Class ER</p> <p>2:30 Dance Presentation of the Irish School of Dance in the ALDR-Serving Poke Cake</p> <p style="text-align: center;"><small>St. Patrick's Day</small></p>	<p>9:00 Gourmet Coffee Bistro 10:00 Chair Yoga ER (Video) 11:00 Exercise Class ER</p> <p>1:15-2:00 Bingo ALDR</p> <p>2:30 Serving Mint Chocolate Chip Ice Cream in the Bistro</p>
<p>9:00 Coffee and Donuts B 9:00 Channel 18 Church Service on TV (Lutheran)</p> <p>10:00 Our Savior Lutheran Church Service in the ALDR</p> <p>2:30 Afternoon Bingo ALDR</p>	<p>9:30 Balance &amp; Strengthening ER 10:00 Planting Seeds for Earth Day in the ALDR 11:00 Exercise Class ER</p> <p>2:30 Blackjack Game ALDR</p> <p style="text-align: center;"><small>Spring Begins</small></p>	<p>9:00 Classical Music w/Jonathon in the BR 11:00 Exercise Class ER</p> <p>1:00 Exercise Class (HIIT) with Therapy in ER</p> <p>1:30 Greeley Library Book Mobile in ALLR</p> <p>2:00 Baking Group in Community Room- Zucchini Brownies</p> <p>2:30 Jeopardy Game ER</p>	<p>9:00 Coffee &amp; Muffins B 9:30 Balance &amp; Strengthening ER 10:00 Jenga ER 11:00 Exercise Class ER</p> <p>2:00 Afternoon Movie ER "Little House on the Prairie" Run Time 1 1/2 hours Serving Fresh Popcorn</p> <p style="text-align: center;"><small>Ramadan Begins</small></p>	<p>9:30 Catholic fellowship w/Ron ALDR 10:00 Dominoes ER 11:00 Exercise Class ER</p> <p>2:00-3:30 Paint &amp; Polish Nails in the ER</p> <p>2:30 Serving Chips and Dips in the Bistro for "Chip and Dip Day"</p> <p>6:00 Evening Bingo ER</p>	<p>9:30 Balance &amp; Strengthening ER 10:00 Video of Natural Wonders of the World ER 11:00 Exercise Class ER</p> <p>2:30 Variety Music with Rick Martin in the ALDR</p> <p>DONATIONS TO GOODWILL- AT THE FRONT DESK</p>	<p>9:00 Gourmet Coffee Bistro 10:00 Chair Yoga ER (Video) 11:00 Exercise Class ER</p> <p>1:15-2:00 Bingo ALDR</p> <p>2:30 Serving Lemon Bars in the Bistro</p>
<p>9:00 Coffee and Donuts B 9:00 Channel 18 Church Service on TV (Lutheran)</p> <p>10:00 Church Service with Steve Madrid in the ALDR</p> <p>2:30 Afternoon Bingo ALDR</p>	<p>9:30 Balance &amp; Strengthening ER 10:00 Fresh Flower Arranging in the ALDR 11:00 Exercise Class ER</p> <p>2:30 Jeopardy Game ER</p>	<p>9:45 Shopping Trip to King Soopers- Sign Up Please 11:00 No Exercise Class</p> <p>1:00 Exercise Class (HIIT) with Therapy in ER</p> <p>2:30 Travels with Sue Pankonin to Ireland in the ALDR-Serving Irish Soda Bread</p>	<p>9:00 Coffee &amp; Loaf Breads 9:30 Balance &amp; Strengthening ER 10:00 UNO Game ER 11:00 Exercise Class ER</p> <p>2:00 Afternoon Movie ER "Grumpy Old Men" Run Time 1 hr 43 mins Serving Fresh Popcorn</p>	<p>9:30 Catholic fellowship w/Ron ALDR 10:00 Kings Corner ER 11:00 Exercise Class ER</p> <p>2:00-3:30 Paint &amp; Polish Nails in the ER</p> <p>6:00 Independent Game Night B</p>	<p>9:30 Balance &amp; Strengthening ER 10:00 Easter/Spring Crafts ALDR 11:00 Exercise Class ER</p> <p>2:30 Hand Bell Choir in the ALDR</p>	<p>ER-EXERCISE ROOM ALDR-ASSISTED LIVING DINING ROOM ALR-ASSISTED LIVING ROOM B-BISTRO BR-BROOK ROOM PDR-PRIVATE DINING ROOM</p> 

ACTIVITIES AND TIMES ARE SUBJECT TO CHANGE.

Sunday

Monday

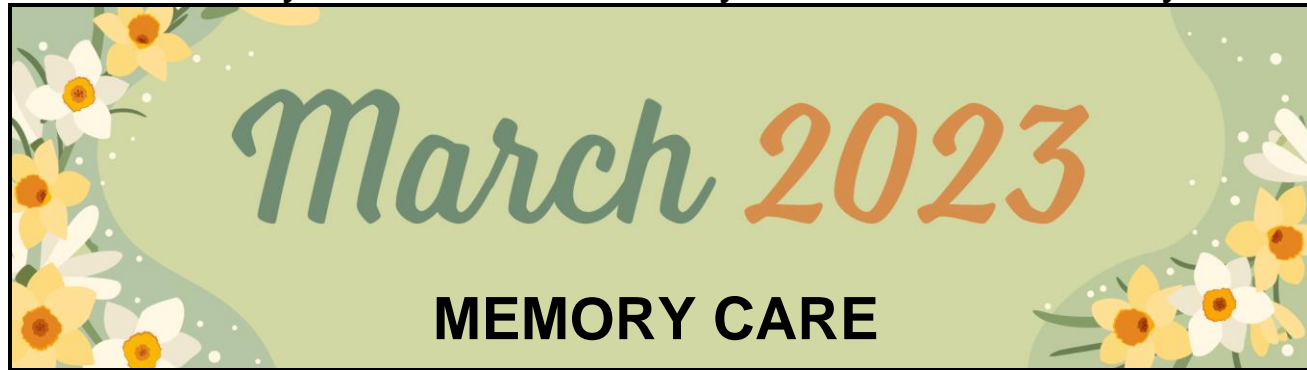
Tuesday

Wednesday

Thursday

Friday

Saturday



9:30 Daily Chronicles 1  
10:00 Exercise-Yoga TV  
11:00 Lunch Prep  
1:30 Bingo  
2:30 Snack Time  
3:00 Beach Ball Bump  
4:00 Dinner Prep

9:30 Daily Chronicles 2  
10:00 Balloon Toss  
11:00 Lunch Prep  
1:30 Games\Puzzles  
2:30 Snack Time  
3:00 Pictionary  
4:00 Dinner Prep

9:30 Daily Chronicles 3  
10:00 Exercise-Yoga TV  
11:00 Lunch Prep  
1:30 Baking Cookies and Hot Cocoa  
2:00 Movie Time  
4:00 Dinner Prep

9:00 Chair Yoga Stretches 4  
10:00 Balloon Toss  
11:00 Lunch Prep  
1:00 Americas Got Talent  
2:30 Serving Snacks  
4:00 Dinner Prep

9:00 Coffee and Donuts 5  
10:00 Church\TV  
11:00 Lunch Prep  
1:00 Movie Time  
2:30 Serving Snacks  
4:00 Dinner Prep

9:30 Daily Chronicles 6  
10:00 Exercise-Yoga TV  
11:00 Lunch Prep  
1:30 Bingo  
2:30 Snack Time  
3:00 Nails  
4:00 Dinner Prep  
Purim Begins

9:30 Daily Chronicles 7  
10:00 Balloon Toss  
11:00 Lunch Prep  
1:30 Charades  
2:30 Snack Time  
3:00 Coloring Time  
4:00 Dinner Prep

9:30 Daily Chronicles 8  
10:00 Exercise-Yoga TV  
11:00 Lunch Prep  
1:30 Bingo  
2:30 Snack Time  
3:00 Beach Ball Bump  
4:00 Dinner Prep

9:30 Daily Chronicles 9  
10:00 Balloon Toss  
11:00 Lunch Prep  
1:30 St. Patrick's Day Crafts  
2:30 Snack Time  
3:00 Pictionary  
4:00 Dinner Prep

9:00 Classical Music with Jonathan 10  
10:00 Exercise-Yoga TV  
11:00 Lunch Prep  
1:30 Sun Catchers  
2:00 Movie Time\Snacks  
4:00 Dinner Prep

9:00 Chair Yoga Stretches 11  
9:30 Calming Colors  
11:00 Lunch Prep  
1:00 Josh Gates Expedition  
2:30 Serving Snacks  
4:00 Dinner Prep

9:00 Coffee and Donuts 12  
10:00 Church\TV  
11:00 Lunch Prep  
1:00 Movie Time  
2:30 Serving Snacks  
4:00 Dinner Prep  
Daylight Saving Time Begins

9:30 Daily Chronicles 13  
10:00 Exercise-Yoga TV  
11:00 Lunch Prep  
1:30 Bingo  
2:30 Snack Time  
3:00 Nails  
4:00 Dinner Prep

9:30 Daily Chronicles 14  
10:00 Coloring Time  
11:00 Lunch Prep  
1:30 Painting  
2:30 Snack Time  
3:00 Word Games  
4:00 Dinner Prep

9:30 Daily Chronicles 15  
10:00 Exercise-Yoga TV  
11:00 Lunch Prep  
1:30 Bingo  
2:30 Snack Time  
3:00 Beach Ball Bump  
4:00 Dinner Prep

9:30 Daily Chronicles 16  
10:00 Balloon Toss  
11:00 Lunch Prep  
1:30 Games\Puzzles  
2:30 Snack Time  
3:00 Pictionary  
4:00 Dinner Prep

9:30 Daily Chronicles 17  
10:00 Exercise-Yoga TV  
11:00 Lunch Prep  
1:30 Residents Choice  
2:00 Movie Time\Snacks  
4:00 Dinner Prep  
St. Patrick's Day

9:00 Chair Yoga Stretches 18  
9:30 Calming Colors  
11:00 Lunch Prep  
1:00 Americas Got Talent  
2:30 Serving Snacks  
4:00 Dinner Prep

9:00 Coffee and Donuts 19  
10:00 Church\TV  
11:00 Lunch Prep  
1:00 Movie Time  
2:30 Serving Snacks  
4:00 Dinner Prep

9:30 Daily Chronicles 20  
10:00 Exercise-Yoga TV  
11:00 Lunch Prep  
1:30 Bingo  
2:30 Snack Time  
3:00 Nails  
4:00 Dinner Prep  
Spring Begins

9:30 Daily Chronicles 21  
10:00 Balloon Toss  
11:00 Lunch Prep  
1:30 Charades  
2:30 Snack Time  
3:00 Coloring Time  
4:00 Dinner Prep

9:30 Daily Chronicles 22  
10:00 Exercise-Yoga TV  
11:00 Lunch Prep  
1:30 Music Memories  
2:30 Tea Social w\ Treats  
4:00 Dinner Prep  
Ramadan Begins

9:30 Daily Chronicles 23  
10:00 Balloon Toss  
11:00 Lunch Prep  
1:30 Games\Puzzles  
2:30 Snack Time  
3:00 Pictionary  
4:00 Dinner Prep

9:00 Classical Music with Jonathan 24  
10:00 Exercise-Yoga TV  
11:00 Lunch Prep  
1:30 Residents Choice  
2:00 Movie Time\Snacks  
4:00 Dinner Prep

9:00 Chair Yoga Stretches 25  
9:30 Calming Colors  
11:00 Lunch Prep  
1:00 Josh Gates Expedition  
2:30 Serving Snacks  
4:00 Dinner Prep

9:00 Coffee and Donuts 26  
10:00 Church\TV  
11:00 Lunch Prep  
1:00 Movie Time  
2:30 Serving Snacks  
4:00 Dinner Prep

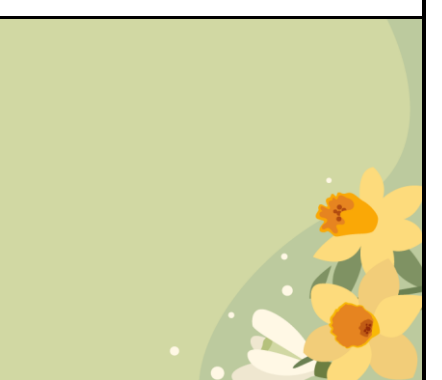
9:30 Daily Chronicles 27  
10:00 Exercise-Yoga TV  
11:00 Lunch Prep  
1:30 Bingo  
2:30 Snack Time  
3:00 Nails  
4:00 Dinner Prep

9:30 Daily Chronicles 28  
10:00 Coloring Time  
11:00 Lunch Prep  
1:30 Painting  
2:30 Snack Time  
3:00 Word Games  
4:00 Dinner Prep

9:30 Daily Chronicles 29  
10:00 Exercise-Yoga TV  
11:00 Lunch Prep  
1:30 Bingo  
2:30 Snack Time  
3:00 Beach Ball Bump  
4:00 Dinner Prep

9:30 Daily Chronicles 30  
10:00 Balloon Toss  
11:00 Lunch Prep  
1:30 Games\Puzzles  
2:30 Snack Time  
3:00 Pictionary  
4:00 Dinner Prep

9:30 Daily Chronicles 31  
10:00 Exercise-Yoga TV  
11:00 Lunch Prep  
1:30 Residents Choice  
2:00 Movie Time\Snacks  
4:00 Dinner Prep



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Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# March 2023

## SKILLED NEIGHBORHOOD

<p>9:00 Coffee and Donuts 10:00 Church\TV 10:00 Church Service in ALDR w\ Steve Madrid</p> <p>1:00 Resident Choice 2:00 Afternoon Movie with Snacks and Beverage</p>	<p>9:30 Reading the Daily Chronicle 10:00 Reminisce about Life 10:30 Listening to Music 1:30 Resident Choice\ Watching Flipper 2:30 Room Visits and Snacks</p> <p>Purim Begins</p>	<p>9:00 Classical Music w\Jonathon in the Brook Room 10:00 Reading the Daily Chronicle 10:30 Balloon Toss 1:30 Residents Choice 2:30 Room Visits and Snacks</p>	<p>9:30 Reading the Daily Chronicle 10:00 March Crafts 10:30 Listening to Music 1:30 Residents Choice\ Watching Leave it to Beaver 2:30 Room Visits and Snacks</p>	<p>9:30 Reading the Daily Chronicle 9:30 Catholic Fellowship 10:00 Armchair Travel 1:30 Music Memories 2:30 Baking Cookies for Snack 6:00 After Dinner Movie LR</p>	<p>9:30 Reading the Daily Chronicle 10:00 Painting and Puzzles 10:30 Trivia 1:30 Room Visits\ Nail Care 2:30 The Greeley Senior Singers in the ALDR</p>	<p>9:30 Reading the Daily Chronicle 9:45 Trivia 10:00 Music Hour\TV 1:00 Residents Choice\Movie Time 2:30 Serving Brownies</p>
<p>9:00 Coffee and Donuts 10:00 Church\TV 1:00 Resident Choice 2:00 Afternoon Movie with Snacks and Beverage</p>	<p>9:30 Reading the Daily Chronicle 10:00 Reminisce about Life 10:30 Listening to Music 1:30 Resident Choice\ Watching Flipper 2:30 Room Visits and Snacks</p> <p>Purim Begins</p>	<p>9:00 Classical Music w\Jonathon in the Brook Room 10:00 Reading the Daily Chronicle 10:30 Balloon Toss 1:30 Residents Choice 2:30 Room Visits and Snacks</p>	<p>9:30 Reading the Daily Chronicle 10:00 Solve the Mystery 10:30 Coloring Club 1:30 Residents Choice\ Watching Game Shows 2:30 Room Visits and Snacks</p>	<p>9:30 Reading the Daily Chronicle 9:30 Catholic Fellowship 10:00 Resident Council w\ Treats 1:30 Music Memories 2:30 Baking Cookies for Snack 6:00 After Dinner Movie LR</p>	<p>9:30 Reading the Daily Chronicle 10:00 Chair Exercise 10:30 Music Memories 1:30 Room Visits\Nail Care 2:30 Music w\Sydney Pierce Celebrating this Month's Birthday w\Cake ALDR</p>	<p>9:30 Reading the Daily Chronicle 9:45 Trivia 10:00 Nature Show 1:00 Residents Choice\Movie Time 2:30 Serving Cookies</p>
<p>9:00 Coffee and Donuts 10:00 Church\TV 1:00 Resident Choice 2:00 Afternoon Movie with Snacks and Beverage</p> <p>Daylight Saving Time Begins</p>	<p>9:30 Reading the Daily Chronicle 10:00 Game Shows\Price is Right on TV 1:30 Resident Choice\ Watching Lawrence Welk 2:30 Room</p>	<p>9:30 Reading the Daily Chronicle 10:00 Drama Club 1:30 Residents Choice\ Name that Tune 2:30 Room Visits and Snacks</p>	<p>9:30 Reading the Daily Chronicle 10:00 Coloring Club 10:30 Listening to Music 1:30 Resident Choice\ Watching Andy Griffith Show 2:30 Room Visits and Snacks</p>	<p>9:30 Reading the Daily Chronicle 9:30 Catholic Fellowship 10:00 Read and Write Limericks 1:30 Music Memories 2:30 Shamrock Shakes 6:00 After Dinner Movie LR</p>	<p>9:30 Reading the Daily Chronicle 10:00 Painting and Puzzles 10:30 Trivia 1:30 Room Visits\ Nail Care 2:30 Dance presentation of the Irish School of Dance in the ALDR</p> <p>St. Patrick's Day</p>	<p>9:30 Reading the Daily Chronicle 9:45 Trivia 10:00 Animal Adventures 1:00 Residents Choice\Movie Time 2:30 Serving Mint Chocolate Chip Ice Cream</p>
<p>9:00 Coffee and Donuts 10:00 Church\TV 10:00 Our Savior Lutheran Church ALDR 1:00 Resident Choice 2:00 Afternoon Movie with Snacks and Beverage</p>	<p>9:30 Reading the Daily Chronicle 10:00 Reminisce about Life 10:30 Listening to Music 1:30 Resident Choice\ Watching Flipper 2:00 Spring Tea Social w\ Mini Muffins</p> <p>Spring Begins</p>	<p>9:00 Classical Music w\Jonathon in the Brook Room 10:00 Reading the Daily Chronicle 10:30 Balloon Toss 1:30 Residents Choice 2:30 Room Visits and Snacks</p>	<p>9:30 Reading the Daily Chronicle 10:00 Devotional Time 10:30 Sing-A-Long 1:30 Residents Choice\ Watching Game Shows 2:30 Room Visits and Snacks</p> <p>Ramadan Begins</p>	<p>9:30 Reading the Daily Chronicle 9:30 Catholic Fellowship 10:00 Bingo 1:30 Music Memories 2:30 Baking Cookies for Snack 6:00 After Dinner Movie LR</p>	<p>9:30 Reading the Daily Chronicle 10:00 Chair Exercise 10:30 Music Memories 1:30 Room Visits\Nail Care 2:30 Variety Music with Rick Martian in the ALDR</p>	<p>9:30 Reading the Daily Chronicle 9:45 Trivia 10:00 Music Hour\TV 1:00 Residents Choice\Movie Time 2:30 Serving Lemon Bars</p>
<p>9:00 Coffee and Donuts 10:00 Church\TV 10:00 Church Service in ALDR w\ Steve Madrid</p> <p>1:00 Resident Choice 2:00 Afternoon Movie with Snacks and Beverage</p>	<p>9:30 Reading the Daily Chronicle 10:00 Game Shows\Price is Right on TV 1:30 Resident Choice\ Watching Lawrence Welk 2:30 Room Visits and Snacks</p>	<p>9:30 Reading the Daily Chronicle 10:00 Beach Ball Bump 10:30 Reminisce about Life 1:30 Residents Choice\ Name that Tune 2:30 Room Visits and Snacks</p>	<p>10:00 Movie Time 1:30 Residents Choice\ Watching Leave it to Beaver 2:30 Room Visits and Snacks</p>	<p>9:30 Reading the Daily Chronicle 9:30 Catholic Fellowship 10:00 Armchair Travel 1:30 Music Memories 2:30 Baking Cookies for Snack 6:00 After Dinner Movie LR</p>	<p>9:30 Reading the Daily Chronicle 10:00 Painting and Puzzles 10:30 Trivia 1:30 Room Visits\ Nail Care 2:30 Hand Bell Choir in the ALDR</p>	

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