

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30 Balance & Strengthening ER 1 10:00 Jeopardy ER 11:00 Exercise Class ER 1:30 Afternoon Movie ER "Patch Adams" Run Time 2 hrs 35 mins Fresh Popcorn in Bistro May Day	9:00 Classical Music w/Jonathon in the BR 2 11:00 Exercise Class ER 1:00 Exercise Class (HIIT) with Therapy in ER 1:30 Greeley Library Book Mobile in ALLR 2:30 Blackjack Game ALDR	9:00 Mini Coffee Cakes- Bistro 3 9:30 Balance & Strengthening ER 10:00 UNO Game ER 11:00 Exercise Class ER 2:30 Afternoon Movie ER "Grumpier Old Men" Run Time 1hr 45 mins Fresh Popcorn in Bistro	9:30 Catholic fellowship w/Ron ALDR 4 10:00 Jenga Game ER 11:00 Exercise Class ER 12:15-12:30 Bistro Store Open 2:00-3:30 Paint & Polish Nails In the ER 6:00 Independent Game Night B STAR WARS DAY MAY THE 4 TH BE WITH YOU!	9:30 Balance & Strengthening ER 5 10:00 Bible Study w/Kelly ER 11:00 Exercise Class ER 2:30 Variety Music with the Greeley Senior Singers in the ALDR-Serving Chips & Salsa, Guacamole Cinco de Mayo	9:00 Coffee & Chat Bistro 6 10:00 Chair Yoga ER (Video) 11:00 Exercise Class ER 1:15-2:00 Bingo ALDR 2:30 Serving Mini Corn Dogs in the Bistro
9:00 Coffee and Donuts B 7 9:00 Channel 18 Church Service on TV (Lutheran) 10:00 Church Service with Steve Madrid in the ALDR 2:00 Bistro Store Open 2:30 Afternoon Bingo ALDR	9:30 Balance & Strengthening ER 8 10:00 Video of Natural Wonders of Nature ER 11:00 Exercise Class ER 2:30 Afternoon Tea Social w/ Muffins in the ALDR	9:45 Shopping Trip to King Soopers- Sign Up Please 9 11:00 No Exercise Class 1:00 Exercise Class (HIIT) with Therapy in ER 2:00 Resident Food Committee-ER 2:30 Resident Council Meeting-ER Serving Cookies in the Bistro	9:00 Donut Holes-Bistro 10 9:30 Balance & Strengthening ER 11:15 Eat out Lunch to Culver's- Sign up Please. 11:00 No Exercise Class ER 2:00 Afternoon Movie ER "Little House on the Prairie" Run Time 1 1/2 hours Serving Fresh Popcorn B	9:30 Catholic fellowship w/Ron ALDR 11 10:00 Walking Club Outside 11:00 Exercise Class ER 12:15-12:30 Bistro Store Open 2:00-3:30 Paint & Polish Nails In the ER 6:00 Evening Bingo ER	9:30 Balance & Strengthening ER 12 10:00 Left-Right-Center Game ER 11:00 Exercise Class ER 2:30 Music w/Sydney Pierce Celebrating this Month's Birthday's w/Cake ALDR	9:00 Coffee & Chat Bistro 13 10:00 Chair Yoga ER (Video) 11:00 Exercise Class ER 1:15-2:00 Bingo ALDR 2:30 Serving Fudge Bars in the Bistro
9:00 Coffee and Donuts B 14 9:00 Channel 18 Church Service on TV (Lutheran) 10:00 Streaming Church in the ER 2:00 Bistro Store Open 2:30 Mother's Day Tea Party ALDR Mother's Day National Skilled Nursing Week	9:30 Balance & Strengthening ER 15 10:00 Watercolor Art ALDR 11:00 Exercise Class ER 2:30 Casino Day- Blackjack Game ALDR-Invite your Families and Friends	9:00 Classical Music w/Jonathon in the BR 16 10:00 11:00 Exercise Class ER 1:00 Exercise Class (HIIT) with Therapy in ER 1:30 Greeley Library Book Mobile in ALLR 2:30 Team Charades Game in ALDR\Residents and Staff	9:00 Mini Coffee Cakes- Bistro 17 9:30 Balance & Strengthening ER 10:00 Jeopardy ER 11:00 Exercise Class 11:30 Chicken Wing Lunch ALDR 2:00 Afternoon Movie ER "Mrs. Doubtfire" Run Time 2 hrs Fresh Popcorn in Bistro	9:30 Catholic fellowship w/Ron ALDR 18 10:00 Walking Club Outside 11:00 Exercise Class ER 12:15-12:30 Bistro Store Open 2:00-3:30 Paint & Polish Nails In the ER 6:00 Evening Game Night-invite your families and friends -ALDR	9:30 Balance & Strengthening ER 19 10:00 Making Trudy's Greeting Cards ALDR 11:00 Exercise Class ER 1:30 Afternoon Movie ER "Jerry Maguire" Run Time 2 hr 20 mins Fresh Popcorn in Bistro 2:00 Ice Cream Social in the Bistro Armed Forces Day	9:00 Coffee & Chat Bistro 20 10:00 Chair Yoga ER (Video) 11:00 Exercise Class ER 1:15-2:00 Bingo ALDR 2:30 Serving Butter Pecan Ice Cream in the Bistro
9:00 Coffee and Donuts B 21 9:00 Channel 18 Church Service on TV (Lutheran) 10:00 Our Savior Lutheran Church Service in the ALDR 2:00 Bistro Store Open 2:30 Afternoon Bingo ALDR	9:30 Balance & Strengthening ER 22 10:00 Fresh Flower Arranging in the ALDR. 11:00 Exercise Class ER 2:30 Afternoon Crafts ALDR Victoria Day (Canada)	9:45 Shopping Trip to King Soopers- Sign Up Please 23 11:00 No Exercise Class 1:00 Exercise Class (HIIT) with Therapy in ER 2:00 Baking Group in Community Room- Apricot Nectar Cake 2:30 Planting Flowers on the Bistro Patio	9:00 Cookies- Bistro 24 9:00 Bible Study w/Linda PDR 9:30 Balance & Strengthening ER 10:00 Jenga ER 11:00 Exercise Class 2:00 Afternoon Movie ER "Little House on the Prairie" Run Time 1 1/2 hours Serving Fresh Popcorn B	9:30 Catholic fellowship w/Ron ALDR 25 10:00 Kings Corner ER 11:00 Exercise Class ER 12:15-12:30 Bistro Store Open 2:00-3:30 Paint & Polish Nails In the ER 6:00 Evening Bingo ER Shavuot Begins	9:30 Balance & Strengthening ER 26 10:00 Left-Right Center Game ER 11:00 Exercise Class ER 2:30 Variety Music with Rick Martin in the ALDR Donations to Goodwill- front desk	9:00 Coffee & Chat Bistro 27 10:00 Chair Yoga ER (Video) 11:00 Exercise Class ER 1:15-2:00 Bingo ALDR 2:30 Serving Brownies in the Bistro
9:00 Coffee and Donuts B 28 9:00 Channel 18 Church Service on TV (Lutheran) 10:00 Church Service with Steve Madrid in the ALDR 2:00 Bistro Store Open 2:30 Afternoon Bingo ALDR	9:30 Balance & Strengthening ER 29 10:00 Watercolor Art ALDR 11:00 Exercise Class ER 11:30 Cookout Lunch on the Bistro Patio 2:30 Poker Game ALDR Memorial Day	9:00 Classical Music w/Jonathon in the BR 30 10:00 11:00 Exercise Class ER 1:00 Exercise Class (HIIT) with Therapy in ER 1:30 Greeley Library Book Mobile in ALLR 2:30 Presentation with Sue Pankonin Contrasting Cultures: Saudi Arabia vs Hong Kong ALDR	9:00 Baking Bread- Bistro 31 9:30 Balance & Strengthening ER 10:00 Jeopardy ER 11:00 Exercise Class ER 2:00 Afternoon Movie ER "Highway to Heaven" Showing 2 episodes Fresh Popcorn in Bistro	ER-Exercise Room ALDR-Assisted Living Dining Room ALR-Assisted Living Room B-Bistro BR-Brook Room May 2023 ASSISTED LIVING		

ACTIVITIES AND TIMES ARE SUBJECT TO CHANGE.