

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Assisted Living

Room Location

- B-Bistro
- BR-Brook Room
- ER-Exercise Room
- ALR-Assisted Living Room
- ALDR-Assisted Living Dining Room
- PDR-Private Dining Room

September 2023

***Sign up for Audiology Clinic at the Front Desk**

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| <p>9:00 Coffee & Donuts B 3</p> <p>9:00 Church Service on tv/Channel 18</p> <p>10:00 Church- Streaming ER</p> <p>2:00 Bistro Store is open</p> <p>2:30 Bingo ALDR</p> | <p>4</p> <p>9:30 Balance & Strengthening Class ER</p> <p>11:30 Labor Day BBQ</p> <p>2:30 Jeopardy Game ALDR</p> <p style="text-align: center;"><small>Labor Day</small></p> | <p>5</p> <p>9:45 Shopping Trip to King Soopers-Please sign up</p> <p>11:00 No Exercise Class</p> <p>1:00 HIIT Exercise Class ER</p> <p>1:30-2:00 Weld Mobile Library ALDR</p> <p>2:30 Trivia Game ER</p> | <p>6</p> <p>9:30 Balance & Strengthening Class ER</p> <p>10:15 Midweek Devotion ALDR</p> <p>11:00 Exercise Class ER</p> <p>2:00 Afternoon Cinema <i>Babe Ruth</i>-Documentary ER</p> | <p>7</p> <p>9:30 Catholic Fellowship ALDR</p> <p>9:30 News & Views B Patio</p> <p>10:15 Corn Hole Game ER</p> <p>11:00 Exercise Class ER</p> <p>12:15 Bistro Store is Open</p> <p>2:00 Paint & Polish Nails ER</p> <p>6:00 Evening Poker ER</p> | <p>8</p> <p>9:30 Balance & Strengthening Class ER</p> <p>10:00 WII Bowling ER</p> <p>11:00 Exercise Class ER</p> <p>2:30 Sept. Birthday Party and music with Rick Martin ALDR</p> | <p>2</p> <p>9:00 Coffee & Chat B</p> <p>10:00 Chair Yoga Video ER</p> <p>11:00 Exercise Class ER</p> <p>1:15-2:00 Bingo ALDR</p> <p>2:30 Snacks: Chocolate Chip Cookies B</p> |
| <p>9:00 Coffee & Donuts B 10</p> <p>9:00 Church Service on tv/Channel 18</p> <p>10:00 Church with Our Savior's Lutheran ALDR</p> <p>2:00 Bistro Store is open</p> <p>2:30 Bingo ALDR</p> <p style="text-align: center;"><small>Broncos Play 2:25</small></p> <p style="text-align: center;"><small>Grandparents Day</small></p> | <p>11</p> <p>9:30 Balance & Strengthening Class ER</p> <p>10:00 Watercolor Art ALDR</p> <p>11:00 Exercise Class ER</p> <p>2:30 Blackjack Game ALDR</p> | <p>12</p> <p>9:00 Classical Music w/Jonathan BR</p> <p>10:00 Jewelry Making ER</p> <p>11:00 Exercise Class ER</p> <p>1:00 HIIT Exercise Class ER</p> <p>2:00 Resident Food Committee ER</p> <p>2:30 Resident Council ER</p> <p style="text-align: center;"><small>Cookies in the Bistro</small></p> | <p>13</p> <p>9:00 Bible Study-Our Savior's Lutheran Church PDR</p> <p>9:30 Balance & Strengthening Class ER</p> <p>11:00 NO Exercise Class</p> <p>11:15 Out to Lunch <i>-The Village Inn</i></p> <p>2:00 Afternoon Cinema <i>The Upside of Anser</i> ER</p> | <p>14</p> <p>9:30 Catholic Fellowship ALDR</p> <p>10:00 King in the Corner Game ER</p> <p>11:00 Exercise Class ER</p> <p>12:15 Bistro Store is Open</p> <p>2:30 Travels with Sue to Prague/Czech Rep. ALDR</p> <p>6:00 Evening Bingo ER</p> | <p>15</p> <p>9:30 Trishaw Ride</p> <p>11:00 No Exercise Class</p> <p>2:30 Afternoon Music Clarinet Duet (30+minutes) & Having a Special Fall Treat ALDR</p> <p style="text-align: center;"><small>Rosh Hashanah Begins</small></p> | <p>16</p> <p>9:00 Coffee & Chat B</p> <p>10:00 Chair Yoga Video ER</p> <p>11:00 Exercise Class ER</p> <p>1:15-2:00 Bingo ALDR</p> <p>2:30 Snacks: Brownies B</p> <p style="text-align: center;"><small>Oktoberfest Begins</small></p> |
| <p>9:00 Coffee & Donuts B 17</p> <p>9:00 Church Service on tv/Channel 18</p> <p>10:00 Church with Steve Madrid ALDR</p> <p>2:00 Bistro Store is open</p> <p>2:30 Bingo ALDR</p> <p style="text-align: center;"><small>Broncos Play 2:25</small></p> | <p>18</p> <p>9:30 Balance & Strengthening Class ER</p> <p>10:00 Flower Arranging ALDR</p> <p>11:00 Exercise Class ER</p> <p>2:30 Jeopardy Game ER</p> | <p>19</p> <p>9:45 Shopping Trip to King Soopers-Please sign up</p> <p>11:00 No Exercise Class</p> <p>1:00 HIIT Exercise Class ER</p> <p>1:30-2:00 Weld Mobile Library ALDR</p> <p>2:30 Afternoon Tea and Comedy w/Sue ALDR</p> | <p>20</p> <p>9:30 Balance & Strengthening Class ER</p> <p>10:15 Midweek Devotion ALDR</p> <p>11:00 Exercise Class ER</p> <p>2:00 Afternoon Cinema <i>Audie Murphy-Biography</i> ER</p> | <p>21</p> <p>9:30 Catholic Fellowship ALDR</p> <p>9:30 News & Views B Patio</p> <p>10:15 Meditation Video ER</p> <p>11:00 Exercise Class ER</p> <p>12:15 Bistro Store is Open</p> <p>2:00 Paint & Polish Nails ER</p> <p>6:00 Evening Poker ER</p> | <p>22</p> <p>9:30 Balance & Strengthening Class ER</p> <p>10:00 Craft Time ER</p> <p>11:00 Exercise Class ER</p> <p>2:30 Afternoon Music With Steve Castle ALDR</p> | <p>23</p> <p>9:00 Coffee & Chat B</p> <p>10:00- Hot Dogs & Hot Rods</p> <p>1:15-2:00 Bingo ALDR</p> <p>2:30 Snacks: Spice Cake B</p> <p style="text-align: center;"><small>Autumn Begins</small></p> |
| <p>9:00 Coffee & Donuts B 24</p> <p>9:00 Church Service on tv/Channel 18</p> <p>10:00 Church with Steve Madrid ALDR</p> <p style="text-align: center;"><small>Broncos Play 11:00</small></p> <p>2:00 Bistro Store is open</p> <p>2:30 Bingo ALDR</p> <p style="text-align: center;"><small>Yom Kippur Begins</small></p> | <p>25</p> <p>9:30 Balance & Strengthening Class ER</p> <p>10:00 Watercolor Art ALDR</p> <p>11:00 Exercise Class ER</p> <p>2:30 Blackjack Game ER</p> | <p>26</p> <p>9:00 Classical Music w/Jonathan BR</p> <p>9:45 Shopping Trip to Dollar Tree-Please sign up</p> <p>11:00 No Exercise Class</p> <p>*12:30-4:30Audiology Clinic</p> <p>1:00 HIIT Exercise Class ER</p> <p>2:30 Dry Bar Comedy ER</p> | <p>27</p> <p>9:30 Balance & Strengthening Class ER</p> <p>10:00 Kings in the Corner Game ER</p> <p>11:00 Exercise Class ER</p> <p>2:00 Afternoon Cinema <i>The Grass Harp</i> ER</p> | <p>28</p> <p>9:30 Catholic Fellowship ALDR</p> <p>10:00 Bible Study Video w/Kelly ER</p> <p>11:00 Exercise Class ER</p> <p>12:15 Bistro Store is Open</p> <p>2:00 Paint & Polish Nails ER</p> <p>6:00 Evening Bingo ER</p> | <p>29</p> <p>9:30 Balance & Strengthening Class ER</p> <p>10:00 Making Greeting Cards w/Trudy ALDR</p> <p>11:00 Exercise Class ER</p> <p>2:30 Afternoon Music With Sydney Pierce</p> <p style="text-align: center;"><small>-Good Will Donations-</small></p> <p style="text-align: center;"><small>Sukkot Begins</small></p> | <p>30</p> <p>9:00 Coffee & Chat B</p> <p>10:00 Chair Yoga Video ER</p> <p>11:00 Exercise Class ER</p> <p>1:15-2:00 Bingo ALDR</p> <p>2:30 Snacks: Ice Cream Bars B</p> |

Activities and times are subject to change.

See daily fliers for any modifications to this calendar.