

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="color: orange;">September 2023</h1> <p style="color: green;">Memory Care</p>					<p>9:00am-Classical Music with Jonathan 10:00am-Exercise 11:00am-Lunch Prep 1:30pm-Snacks 2:30pm-Music-Greeley Singer Citizens-ALDR 4:00pm-Dinner Prep</p>	<p>9:00am-Chair Yoga 9:30am-Calming Colors 10:00am-Puzzle Time 11:00am-Lunch Prep 1:00pm-Afternoon Movie 2:30pm-Snacks</p>
<p>9:00am-Chair Yoga 9:30am-Calming Colors 10:00am-Puzzle Time 11:00am-Lunch Prep 1:00pm-Afternoon Movie 2:30pm-Snacks</p>	<p>9:30am-Daily Chronicle/Labor Day Facts 10:00am-Exercise Yoga-TV 11:00am-Lunch Prep 1:30pm-Hand Massages 2:30pm-Snack Time 3:00pm-Puzzles and Games 4:00pm-Dinner Prep</p> <p style="text-align: center;"><small>Labor Day</small></p>	<p>9:30am-Daily Chronicle 10:00am-Balloon Toss 11:00am-Lunch Prep 1:30pm-Ladies Social 2:30pm-Snack Time 3:00pm-Nails/Coloring Art 4:00pm-Dinner Prep</p>	<p>9:30am-Daily Chronicle 10:00am-Mid Week Devotional-ALDR 11:00am-Lunch Prep 1:30pm-Bingo 3:00pm-Sing-A-Long 4:00pm-Dinner Prep</p>	<p>9:30am-Catholic Fellowship 10:00am-Daily Chronicle 10:30am-Finish Lines 11:00am-Lunch Prep 1:30pm-Exercise 2:30pm-Room Visits/Snacks 4:00pm-Dinner Prep</p>	<p>9:00am-Daily Chronicle 10:00am-Exercise 11:00am-Lunch Prep 1:30pm-Snacks 2:30pm-Birthday Party-Music with Rick Martin-ALDR 4:00pm-Dinner Prep</p>	<p>9:00am-Chair Yoga 9:30am-Calming Colors 10:00am-Puzzle Time 11:00am-Lunch Prep 1:00pm-Afternoon Movie 2:30pm-Snacks</p>
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<p>9:00am-Chair Yoga 9:30am-Calming Colors 10:00am-Puzzle Time 11:00am-Lunch Prep 1:00pm-Afternoon Movie 2:30pm-Snacks</p>	<p>9:30am-Daily Chronicle 10:00am-Exercise Yoga-TV 11:00am-Lunch Prep 1:30pm-Hand Massages 2:30pm-Snack Time 3:00pm-Puzzles and Games 4:00pm-Dinner Prep</p>	<p>9:30am-Daily Chronicle 10:00am-Balloon Toss 11:00am-Lunch Prep 1:30pm-Ladies Social 2:30pm-Snack Time 3:00pm-Nails/Coloring Art 4:00pm-Dinner Prep</p>	<p>9:30am-Daily Chronicle 10:00am-Mid Week Devotional-ALDR 11:00am-Lunch Prep 1:30pm-Bingo 3:00pm-Sing-A-Long 4:00pm-Dinner Prep</p>	<p>9:30am-Catholic Fellowship 10:00am-Daily Chronicle 10:30am-Finish Lines 11:00am-Lunch Prep 1:30pm-Exercise 2:30pm-Room Visits/Snacks 4:00pm-Dinner Prep</p>	<p>9:00am-Daily Chronicle 10:00am-Exercise 11:00am-Lunch Prep 1:30pm-Snacks 2:30pm-Music with Steven Castle-ALDR 4:00pm-Dinner Prep</p>	<p>9:00am-Chair Yoga 9:30am-Calming Colors 10:00am-Hot Rod Show 11:00am-Lunch Prep 1:00pm-Afternoon Movie 2:30pm-Snacks</p> <p style="text-align: center;"><small>Autumn Begins</small></p>
<p>9:00am-Chair Yoga 9:30am-Calming Colors 10:00am-Puzzle Time 11:00am-Lunch Prep 1:00pm-Afternoon Movie 2:30pm-Snacks</p> <p style="text-align: center;"><small>Yom Kippur Begins</small></p>	<p>9:30am-Daily Chronicle 10:00am-Exercise Yoga-TV 11:00am-Lunch Prep 1:30pm-Hand Massages 2:30pm-Snack Time 3:00pm-Puzzles and Games 4:00pm-Dinner Prep</p>	<p>9:30am-Daily Chronicle 10:00am-Balloon Toss 11:00am-Lunch Prep 1:30pm-Men's Club 2:30pm-Snack Time 3:00pm-Nails/Coloring Art 4:00pm-Dinner Prep</p>	<p>9:30am-Daily Chronicle 10:00am-Crafts 11:00am-Lunch Prep 1:30pm-Bingo 3:00pm-Sing-A-Long 4:00pm-Dinner Prep</p>	<p>9:30am-Catholic Fellowship 10:00am-Daily Chronicle 10:30am-Finish Lines 11:00am-Lunch Prep 1:30pm-Exercise 2:30pm-Room Visits/Snacks 4:00pm-Dinner Prep</p>	<p>9:00am-Classical Music with Jonathan 10:00am-Exercise 11:00am-Lunch Prep 1:30pm-Snacks 2:30pm-Music with Sydney Pierce-ALDR 4:00pm-Dinner Prep</p> <p style="text-align: center;"><small>Sukkot Begins</small></p>	<p>9:00am-Chair Yoga 9:30am-Calming Colors 10:00am-Puzzle Time 11:00am-Lunch Prep 1:00pm-Afternoon Movie 2:30pm-Snacks</p>

Activities and times are subject to change. ALDR-Assisted Living Dining Room.