

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2024

Assisted Living

				<p>9:30 Catholic Fellowship ALDR 10:00 Assemble Table Center Pieces ER 11:00 Exercise Class ER 12:15 Bistro Store is Open 2:00 Paint & Polish Nails ER 6:00 Evening Poker ER</p>	<p>9:30 Balance & Strengthening Class ER 10:00 Phase 10 Game ER 11:00 Exercise Class ER 2:30 Afternoon Music with Rick Martin ALDR -National Wear Red Day- Groundhog Day</p>	<p>9:00 Coffee & Chat B 10:00 Chair Yoga Video ER 11:00 Exercise Class ER 1:15-2:00 Bingo ALDR 2:30 Snacks: Chocolate Cake B</p>
<p>9:00 Coffee & Donuts B 9:00 Church Service on tv/Channel 18 10:00 Church with Steve Madrid ALDR 2:00 Bistro Store is open 2:30 Bingo ALDR</p>	<p>9:30 Balance & Strengthening Class ER 10:00 Valentine Craft ALDR 11:00 Exercise Class ER 2:30 BJ's Travel Presentation ALDR</p>	<p>10:00 Drum Circle ALDR 1:00 Therapy Lead Exercise Class ER 1:30 Weld Mobile Library ALR 2:00 Showing Video <u>The Chosen</u> ER-1hr 44min</p>	<p>9:30 Balance & Strengthening Class ER 10:15 Midweek Devotion ALDR 11:00 Exercise Class ER 1:30 Afternoon Cinema ER <u>The Music Man</u> -Serving popcorn</p>	<p>9:30 Catholic Fellowship ALDR 9:30 News & Views B 10:00 Corn Hole ER 11:00 Chair Volleyball ER 12:15 Bistro Store is Open 2:00 Paint & Polish Nails ER 6:00 Evening Bingo ER 9:00am-Preferred Podiatrist-Sign up at the Receptionist Desk</p>	<p>9:30 Balance & Strengthening Class ER 10:00 Activity Planning Meeting ER 10:30 Help with Technology iPhones/Pads ER 11:00 Exercise Class ER 2:30 January Birthday Party-Music with Sydney Pierce ALDR</p>	<p>9:00 Coffee & Chat B 10:00 Chair Yoga Video ER 11:00 Exercise Class ER 1:15-2:00 Bingo ALDR 2:30 Snacks: Fudge Bars B Chinese New Year (Year of the Dragon)</p>
<p>9:00 Coffee & Donuts B 9:00 Church Service on tv/Channel 18 10:00 Church with Our Savior's Lutheran ALDR 2:00 Bistro Store is open 2:30 Bingo ALDR</p>	<p>9:30 Balance & Strengthening Class ER 10:00 Watercolor Art ALDR 11:00 Exercise Class ER 2:30 Jeopardy Game ER</p>	<p>9:00 Classical Music w/Jonathan BR 9:45 Shopping Trip to King Soopers-Please sign up 1:00 Therapy Lead Exercise Class ER 2:00 Resident Food Committee/Resident Council ER 6:00 Poker Night ER Mardi Gras</p>	<p>9:30 Balance & Strengthening Class ER 10:00 Our Savior's Bible Study PDR 11:00 Exercise Class ER 2:00 Valentine's Day Party ALDR -Ash Wednesday- Valentine's Day</p>	<p>9:30 Catholic Fellowship ALDR 10:00 Jewelry Making ER 11:00 Exercise Class ER 12:15 Bistro Store is Open 2:00-3:00 Paint & Polish Nails ER</p>	<p>9:30 Balance & Strengthening Class ER 11:00 Exercise Class ER 2:30 Afternoon Music with Vic Anderson ALDR</p>	<p>9:00 Coffee & Chat B 10:00 Chair Yoga Video ER 11:00 Exercise Class ER 1:15-2:00 Bingo ALDR 2:30 Snacks: Muffins B</p>
<p>9:00 Coffee & Donuts B 9:00 Church Service on tv/Channel 18 10:00 Church with Steve Madrid ALDR 2:00 Bistro Store is open 2:30 Bingo ALDR</p>	<p>9:30 Balance & Strengthening Class ER 10:00 Independent-Kings in the Corner ER 11:00 Exercise Class ER 2:30 Snacks in the Bistro -Chocolate Mint Day- Presidents Day</p>	<p>10:00 Independent-Dominos Game ER 11:00 Exercise Class ER 1:00 Therapy Lead Exercise Class ER 1:30 Weld Mobile Library ALR 2:30 Independent-Jenga Game ER</p>	<p>9:30 Balance & Strengthening Class ER 10:15 Midweek Devotion ALDR 11:00 Exercise Class ER 2:00 Afternoon Cinema ER <u>Must Love Dogs</u> -Serving popcorn</p>	<p>9:30 Catholic Fellowship ALDR 10:00 Independent-Uno Cards ER 11:00 Exercise Class ER 2:30 Independent Domino Game ER</p>	<p>10:00 Independent Jenga Game ER 2:30 Afternoon Music Marc Friedland ALDR -Good Will Donations-</p>	<p>9:00 Coffee & Chat B 10:00 Chair Yoga Video ER 11:00 Exercise Class ER 1:15-2:00 Bingo ALDR 2:30 Snacks: Chocolate Chip Cookies B</p>
<p>9:00 Coffee & Donuts B 9:00 Church Service on tv/Channel 18 10:00 Streaming Church ER 2:00 Bistro Store is open 2:30 Bingo ALDR</p>	<p>9:30 Balance & Strengthening Class ER 10:00 "Bug"-Dog Visit ER 11:00 Exercise Class ER 2:30 Blackjack Game ALDR</p>	<p>9:00 Classical Music w/Jonathan BR 9:45 Shopping Trip to King Soopers-Please sign up 1:00 Therapy Lead Exercise Class ER 2:00 Showing Video <u>The Chosen</u> ER-1hr 30min</p>	<p>9:30 Balance & Strengthening Class ER 11:15 Out to Lunch Schwartz's Kitchen-Sign up 2:00 Afternoon Cinema ER <u>Breakfast at Tiffany's</u> -Serving popcorn</p>	<p>9:30 Catholic Fellowship LDR 10:00 Making Greeting Cards with Trudy ALDR 11:00 Chair Volleyball ER 12:15 Bistro Store is Open 2:30 Travels with Sue Pankonin ALDR 6:00 Evening Bingo ER</p>	<p>Room Location: ALDR Assisted Living Dining Room ALR Assisted Living Room ER Exercise Room B Bistro BR Brook Room PDR Private Dining Room</p>	

Please note outings may be cancelled due to the weather. Activities are subject to change.