

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p>October 2024 Assisted/Independent Living</p>		<p>1 10:00 Water Color Pages-ER 11:00 Exercise Class ER 1:00 Therapy Led Exercise Class ER</p> <p>1:30 Weld Mobile Library ALR 2:00 Showing Video <u>The Chosen</u> ER</p>	<p>2 9:30 Balance & Strengthening Class ER 11:00 Exercise Class ER</p> <p>1:30 Afternoon Cinema -Hello Dolly ER</p> <p>-Serving popcorn in ER <small>Rosh Hashanah Begins</small></p>	<p>3 9:30 Catholic Fellowship ALDR 10:00 Jewelry Making ER</p> <p>11:00 Exercise Class ER 12:15 Bistro Store is Open</p> <p>2:00 Paint & Polish Nails ER 6:00 Evening Bingo ER</p>	<p>4 9:30 Balance & Strengthening Class ER 10:00 Domino Game ER</p> <p>11:00 Chair Volleyball Game ER</p> <p>2:30 Music Event Ray Delgado ALDR 1-4 Audiology Clinic</p>	<p>5 9:00 Coffee & Chat B 10:00 Chair Yoga Video ER 11:00 Exercise Class ER</p> <p>1:15-2:00 Bingo ALDR 2:30 Snacks: Muffins</p>	
	<p>6 9:00 Coffee & Donuts B 9:00 Church Service on tv/Channel 18 10:00 Church with Steve Madrid ALDR</p> <p>2:00 Bistro Store is open 2:30 Bingo ALDR</p>	<p>7 9:30 Balance & Strengthening Class ER 10:00 Skip Bo Game ER 11:00 Exercise Class ER</p> <p>1:00 Community Exercise Group ER 2:30 Jeopardy Game ER</p>	<p>8 9:00 Classical Music w/Jonathan BR 9:45 Shopping Trip to King Soopers-Please sign up</p> <p>1:00 Therapy Led Exercise Class ER 2:00 Resident Food Committee ER 2:30 Resident Council ER Cookies in Bistro after meeting</p>	<p>9 9:30 Balance & Strengthening Class ER 10:15 Midweek Devotion ALDR 11:00 Exercise Class ER</p> <p>1:30 Afternoon Cinema Documentary Lewis and Clark Part 1 ER Serving popcorn in ER</p>	<p>10 9:30 Catholic Fellowship ALDR 9:45 Making Pumpkin Muffins Basement Community Room 11:00 Exercise Class ER 12:15 Bistro Store is Open</p> <p>2:00 Paint & Polish Nails ER 6:00 Evening Poker ER</p>	<p>11 9:30 Balance & Strengthening Class ER 10:00 Pictionary Game ER</p> <p>11:00 Exercise Class ER</p> <p>2:30 Oct. Birthday Celebration Music Event Sydney Pierce ALDR <small>Yom Kippur Begins</small></p>	<p>12 9:00 Coffee & Chat B 10:00 Chair Yoga Video ER 11:00 Exercise Class ER</p> <p>1:15-2:00 Bingo ALDR 2:30 Snacks: Pumpkin Bread</p>
	<p>13 9:00 Coffee & Donuts B 9:00 Church Service on tv/Channel 18 10:00 Church with Our Savior's Lutheran ALDR</p> <p>2:00 Bistro Store is open 2:30 Bingo ALDR</p>	<p>14 9:30 Balance & Strengthening Class ER 10:00 Activity Planning Meeting ER 10:15 Corn Hole/Ladder Ball ER 11:00 Exercise Class ER</p> <p>1:00 Community Exercise Group ER 2:30 Blackjack Game ALDR <small>Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (US)</small></p>	<p>15 10:00 Making Walker Nametags ER 11:00 Exercise Class ER 1:00 Therapy Led Exercise Class ER</p> <p>1:30 Weld Mobile Library ALR 2:00 Showing Video <u>The Chosen</u> ER</p>	<p>16 9:30 Balance & Strengthening Class ER 11:00 Exercise Class ER</p> <p>1:30 Afternoon Cinema The Bridges of Madison County ER</p> <p>-Serving popcorn in ER <small>Sukkot Begins</small></p>	<p>17 9:30 Catholic Fellowship ALDR 10:00 Fall Craft ER</p> <p>11:00 Exercise Class ER 12:15 Bistro Store is Open</p> <p>2:30 Culinary Delight Demo-ALDR 6:00 Evening Bingo ER</p>	<p>18 9:30 Balance & Strengthening Class ER 10:00 Seasonal Hangman Game ER</p> <p>11:00 Exercise Class ER</p> <p>2:30 Music Event Rick Martin ALDR</p>	<p>19 9:00 Coffee & Chat B 10:00 Chair Yoga Video ER 11:00 Exercise Class ER</p> <p>1:15-2:00 Bingo ALDR 2:30 Snacks: Lemon Bars</p>
	<p>20 9:00 Coffee & Donuts B 9:00 Church Service on tv/Channel 18 10:00 Church Streaming on TV ALDR</p> <p>2:00 Bistro Store is open 2:30 Bingo ALDR</p>	<p>21 9:30 Balance & Strengthening Class ER 11:15 Out To Lunch-Culver's</p> <p>1:00 Community Exercise Group ER 2:30 Jeopardy Game ER</p>	<p>22 9:00 Classical Music w/Jonathan BR 9:45 Shopping Trip to King Soopers-Please sign up</p> <p>2:30 Afternoon Tea Time ALDR</p>	<p>23 9:30 Balance & Strengthening Class ER 10:15 Midweek Devotion ALDR 11:00 Exercise Class ER</p> <p>1:30 Afternoon Cinema Documentary Lewis and Clark Part 2 ER Serving popcorn in ER</p>	<p>24 9:30 Catholic Fellowship ALDR 10:00 UNO Card Game ER</p> <p>11:00 Exercise Class ER 12:15 Bistro Store is Open</p> <p>2:30 Travels with Sue Pankonin ALDR 6:00 Evening Poker ER <small>Simchat Torah Begins</small></p>	<p>25 9:30 Balance & Strengthening Class ER 10:00 Our Savior's Lutheran Church Bible Study PDR 10:00 Making Greeting Cards with Trudy ER</p> <p>11:00 Exercise Class ER 2:30 Oktoberfest with Jim Ehrlich ALDR -Goodwill Donations to the Front</p>	<p>26 9:00 Coffee & Chat B 10:00 Chair Yoga Video ER 11:00 Exercise Class ER</p> <p>1:15-2:00 Bingo ALDR 2:30 Snacks: Drumstick Ice Cream</p>
	<p>27 9:00 Coffee & Donuts B 9:00 Church Service on tv/Channel 18 10:00 Streaming Church on the Television ER</p> <p>2:00 Bistro Store is open 2:30 Bingo ALDR</p>	<p>28 9:30 Balance & Strengthening Class ER 10:00 Flower Arranging ALDR 11:00 Exercise Class ER</p> <p>1:00 Community Exercise Group ER 2:30 Blackjack Game ALDR</p>	<p>29 10:00 Head Banz Game-ER 11:00 Exercise Class ER 1:00 Therapy Led Exercise Class ER</p> <p>2:00 Showing Video <u>The Chosen</u> ER</p>	<p>30 9:30 Balance & Strengthening Class ER 11:00 Exercise Class ER</p> <p>1:30 Afternoon Cinema The Ghost and Mr. Chicken ER</p> <p>-Serving popcorn in ER</p>	<p>31 9:30 Catholic Fellowship ALDR 9:45 Come to Learn Blackjack ER</p> <p>11:00 Exercise Class ER 12:15 Bistro Store is Open</p> <p>2:00 Halloween Party ALDR 6:00 Evening Bingo ER <small>Halloween</small></p>	<p>Room Location B-Bistro BR-Brook Room ER-Exercise Room ALR-Assisted Living Room ALDR-Assisted Living Dining Room</p> 	

Activities and Times are subject to change. **Audiology Clinic: Oct. 4th 1-4**