

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Assisted/Independent Living

# November 2024

Room Locations: B-Bistro, BR-Brook Room, ER-Exercise Room, ALR-Assisted Living Room, ALDR-Assisted Living Dining Room

<p>9:00 Coffee &amp; Donuts B 9:00am-Church Service on TV-Channel 18 10:00 Church with Steve Madrid ALDR 2:00 Bistro Store is open 2:30 Bingo ALDR -Broncos Play 11:00-  Daylight Saving Time Ends</p>	<p>9:30 Balance &amp; Strengthening Class ER 10:00 Jewelry Making ER 11:00 Exercise Class ER  1:00 Community Exercise Group ER 2:30 Jeopardy Game ER</p>	<p>9:00 Classical Music w/Jonathan BR 9:45 Shopping Trip to King Soopers-Please sign up  1:00 Therapy Led Exercise Class ER 1:30 Weld Mobile Library ALR 2:00 Showing Video <u>The Chosen</u> ER</p>	<p>9:30 Balance &amp; Strengthening Class ER 10:15 Midweek Devotion ALDR 11:00 Exercise Class ER  1:30 Afternoon Cinema ER <u>Show Boat</u>  -Serving popcorn in ER</p>	<p>9:30 Catholic Fellowship ALDR 9:45 Bug the Dog Visits ER  11:00 Exercise Class ER 12:15 Bistro Store is Open 2:00 Paint &amp; Polish Nails ER 6:00 Evening Bingo ER</p>	<p>9:30 Balance &amp; Strengthening Class ER 10:00 Domino Game ER  11:00 Exercise Class ER  2:30 Music Event ALDR Vic Anderson <b>1-4 Audiology Clinic</b> <small>Diwali (Hindu)</small></p>	<p>9:00 Coffee &amp; Chat B 10:00 Chair Yoga Video ER 11:00 Exercise Class ER  1:15-2:00 Bingo ALDR 2:30 Snacks: Cookies B</p>
<p>9:00 Coffee &amp; Donuts B 9:00am-Church Service on TV-Channel 18 10:00 Church with Our Savior's Lutheran ALDR  2:00 Bistro Store is open 2:30 Bingo ALDR -Broncos Play 11:00-</p>	<p>9:30 Balance &amp; Strengthening Class ER 10:00 Act. Planning Meeting ER 10:15 iPhone/iPad...Help -Tech Time ER 11:00 Chair Volleyball ER 1:00 Community Exercise Group ER 2:30 Veteran's Day Program ALDR <small>Veterans Day Remembrance Day (Canada)</small></p>	<p>9:30 Baking Pumpkin Bars Basement Community Room 11:00 Exercise Class ER  1:00 Therapy Led Exercise Class ER 2:00 Resident Food Committee ER 2:30 Resident Council ER Cookies in Bistro after meeting</p>	<p>9:30 Balance &amp; Strengthening Class ER  11:00 Exercise Class ER  1:30 Afternoon Cinema ER <u>What About Bob?</u>  -Serving popcorn in ER</p>	<p>9:30 Catholic Fellowship ALDR 10:00 November Craft ER  11:00 Exercise Class ER 12:15 Bistro Store is Open 2:30 Culinary Delight Demo ALDR 6:00 Evening Poker ER</p>	<p>9:30 Balance &amp; Strengthening Class ER 10:00 Bible Study with Our Savior's Lutheran PDR  11:00 Exercise Class ER 2:30 Music Event ALDR Mark Friedland</p>	<p>9:00 Coffee &amp; Chat B 10:00 Chair Yoga Video ER 11:00 Exercise Class ER  1:15-2:00 Bingo ALDR 2:30 Snacks: Spice Cake B</p>
<p>9:00 Coffee &amp; Donuts B 9:00am-Church Service on TV-Channel 18 10:00 Streaming Church on the Television ER  2:00 Bistro Store is open 2:30 Bingo ALDR -Broncos Play 2:05-</p>	<p>9:30 Balance &amp; Strengthening Class ER 10:00 Pictionary Game ER 11:15 Out to Lunch: Applebee's  1:00 Community Exercise Group ER 2:30 Blackjack Game ALDR</p>	<p>9:00 Classical Music w/Jonathan BR 9:45 Shopping Trip to King Soopers-Please sign up  1:00 Therapy Led Exercise Class ER 1:30 Weld Mobile Library ALR 2:00 Showing Video <u>The Chosen</u> ER</p>	<p>9:30 Balance &amp; Strengthening Class ER 10:15 Midweek Devotion ALDR 11:00 Exercise Class ER  1:30 Afternoon Cinema ER Documentary-<u>Franklin Roosevelt</u>  -Serving popcorn in ER</p>	<p>9:30 Catholic Fellowship ALDR 9:45 Making A Gingerbread House ER 11:00 Exercise Class ER 12:15 Bistro Store is Open 2:30 Travels with Sue Pankonin ALDR 6:00 Evening Bingo ER</p>	<p>9:30 Balance &amp; Strengthening Class ER 10:00 Come learn the Racko Game ER  11:00 Exercise Class ER 2:30 Birthday Party ALDR Music with Sydney Pierce</p>	<p>9:00 Coffee &amp; Chat B 10:00 Chair Yoga Video ER 11:00 Exercise Class ER  1:15-2:00 Bingo ALDR 2:30 Snacks: Fudgesicles B</p>
<p>9:00 Coffee &amp; Donuts B 9:00am-Church Service on TV-Channel 18 10:00 Church with Steve Madrid ALDR  2:00 Bistro Store is open 2:30 Bingo ALDR -Broncos Play 2:05-</p>	<p>9:30 Balance &amp; Strengthening Class ALDR 10:00 Flower Arranging ER 11:00 Chair Volleyball ER  1:00 Community Exercise Group ER 2:30 Jeopardy Game ER</p>	<p>10:00 Decorating Living Room Christmas Tree ALR 11:00 Exercise Class ER  1:00 Therapy Led Exercise Class ER 2:30 Afternoon Tea ALDR 6:00 Evening Poker ER</p>	<p>9:30 Balance &amp; Strengthening Class ER  11:00 Exercise Class ER  1:30 Afternoon Cinema ER Documentary <u>The 14 Wonders of the World</u> -Serving popcorn in ER</p>	<p>9:00am-Macy Day Parade on ALR Television-Independent Channel 9 10:00 Independent Kings in the Corner Cards ER 11:00 Exercise Class ER  1:15 -2:00 Bingo Game in the ALDR  <small>Thanksgiving Day</small></p>	<p>9:30 Balance &amp; Strengthening Class ER 10:00 Card Making with Trudy ER  11:00 Exercise Class ER 2:30 Music Event ALDR Rick Martin</p>	<p>9:00 Coffee &amp; Chat B 10:00 Chair Yoga Video ER 11:00 Exercise Class ER  1:15-2:00 Bingo ALDR 2:30 Snacks: Ice Cream Sandwich B</p>

Activities and Times are subject to change.

Audiology Clinic: Nov. 1<sup>st</sup> 1:00-4