

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2025



Assisted/Independent Living Calendar

Room Locations:

ALDR-Assisted Living Dining Room, ALR-Assisted Living Room, ER-Exercise Room, BR-Brook Room, B-Bistro, PDR-Private Dining Room

						<p>1</p> <p>9:00 Coffee & Chat B 10:00 Chair Yoga Video ER 11:00 Exercise Class ER</p> <p>1:15-2:00 Bingo ALDR</p> <p>2:30 Snacks in the Bistro: Cookies</p>
<p>2</p> <p>9:00 Coffee & Donuts B 9:00 Church Service on tv/Channel 18 10:00 Church with Steve Madrid ALDR</p> <p>2:00 Bistro Store is open 2:30 Bingo ALDR</p> <p>Groundhog Day</p>	<p>3</p> <p>9:30 Balance & Strengthening Class ER 10:00 Livelong Learning-Good News Network ER 11:00 Chair Volleyball ER</p> <p>1:00 Community Exercise Group ER 2:30 Jeopardy Game ER</p>	<p>4</p> <p>10:00 Hot Cocoa Social Bring a photo to show ER 1:00 Therapy Led Exercise Class ER</p> <p>1:30 Weld Mobile Library ALR 2:30 Afternoon Hangman Game ER</p> <p>-Thank a Mailman Day-</p>	<p>5</p> <p>9:30 Balance & Strengthening Class ER</p> <p>11:00 Exercise Class ER</p> <p>1:30 Afternoon Cinema ER <u>Roosevelts</u></p> <p>-Serving popcorn in ER</p>	<p>6</p> <p>9:30 Catholic Fellowship ALDR 10:00 Craft Time ER</p> <p>11:00 Exercise Class ER 12:15 Bistro Store is Open</p> <p>2:00 Paint & Polish Nails ER 6:00 Evening Poker ER</p>	<p>7</p> <p>9:30 Balance & Strengthening Class ER 10:00 Domino Game ER</p> <p>11:00 Exercise Class ER</p> <p>2:30 Music Event ALDR Ray Delgado</p> <p>1-4 Audiology Clinic</p>	<p>8</p> <p>9:00 Coffee & Chat B 10:00 Chair Yoga Video ER 11:00 Exercise Class ER</p> <p>1:15-2:00 Bingo ALDR</p> <p>2:30 Snacks in the Bistro: Chocolate Cake</p>
<p>9</p> <p>9:00 Coffee & Donuts B 9:00 Church Service on tv/Channel 18 10:00 Church with Our Savior's Lutheran ALDR</p> <p>2:00 Bistro Store is open 2:30 Bingo ALDR</p> <p>-Superbowl Sunday-</p>	<p>10</p> <p>9:30 Balance & Strengthening Class ER 10:00 Activity Planning Meeting ER 10:30 Tech Time for phones, ... ER 11:00 Exercise Class ER</p> <p>1:00 Community Exercise Group ER 2:30 Blackjack Game ALDR</p>	<p>11</p> <p>9:00 Classical Music w/Jonathan BR 9:45 Shopping Trip to King Soopers-Please sign up</p> <p>1:00 Therapy Led Exercise Class ER 2:00 Resident Food Committee ER 2:30 Resident Council ER</p> <p>Cookies in Bistro after meeting -Make a Friend Day-</p>	<p>12</p> <p>9:30 Balance & Strengthening Class ER 10:15 Midweek Devotion ALDR 11:00 Exercise Class ER</p> <p>1:30 Afternoon Cinema ER <u>Amelia</u></p> <p>-Serving popcorn in ER Tu B'Shevat Begins</p>	<p>13</p> <p>9:30 Catholic Fellowship ALDR 9:45 Cooking Club-Basement Community Room</p> <p>11:00 Exercise Class ER 12:15 Bistro Store is Open</p> <p>2:00 Paint & Polish Nails ER 6:00 Evening Bingo ER</p>	<p>14</p> <p>9:30 Balance & Strengthening Class ER 10:00 Our Savior's Bible Study PDR</p> <p>11:00 Exercise Class ER</p> <p>2:30 Valentine's Day Party Rick Martin ALDR</p> <p>-Wear Red Day- Valentine's Day</p>	<p>15</p> <p>9:00 Coffee & Chat B 10:00 Chair Yoga Video ER 11:00 Exercise Class ER</p> <p>1:15-2:00 Bingo ALDR</p> <p>2:30 Snacks in the Bistro: Ice Cream Bars</p>
<p>16</p> <p>9:00 Coffee & Donuts B 9:00 Church Service on tv/Channel 18 10:00 Church with Steve Madrid ALDR</p> <p>2:00 Bistro Store is open 2:30 Bingo ALDR</p>	<p>17</p> <p>9:30 Balance & Strengthening Class ER 10:00 Which First Lady AM I?ER</p> <p>11:15 Out to Lunch-IHop</p> <p>1:00 Community Exercise Group ER 2:30 Jeopardy Game ER</p> <p>-Random Acts of Kindness Day- Presidents' Day (U.S.)</p>	<p>18</p> <p>10:00 Pausing for Self-Care ALDR</p> <p>1:00 Therapy Led Exercise Class ER</p> <p>1:30 Weld Mobile Library ALR 2:30 Game Time ER</p> <p>Come play Skip Bo, or learn how</p>	<p>19</p> <p>9:30 Balance & Strengthening Class ER</p> <p>11:00 Exercise Class ER</p> <p>1:30 Afternoon Cinema ER <u>The Dust Bowl</u>-Part I</p> <p>-Serving popcorn in ER</p>	<p>20</p> <p>9:30 Catholic Fellowship ALDR 10:00 Pencil Watercolor Art ER 11:00 Exercise Class ER</p> <p>12:15 Bistro Store is Open</p> <p>2:30 Culinary Delight Demo ALDR 6:00 Evening Poker ER</p>	<p>21</p> <p>9:45 Walmart Shopping Trip</p> <p>11:00 Exercise Class ER</p> <p>2:30 Music Event ALDR The Hip Bones</p>	<p>22</p> <p>9:00 Coffee & Chat B 10:00 Chair Yoga Video ER 11:00 Exercise Class ER</p> <p>1:15-2:00 Bingo ALDR</p> <p>2:00-2:30 Snacks in the Bistro: Root Beer Floats</p>
<p>23</p> <p>9:00 Coffee & Donuts B 9:00 Church Service on tv/Channel 18 10:00 Streaming Church on the Television ER</p> <p>2:00 Bistro Store is open 2:30 Bingo ALDR</p>	<p>24</p> <p>9:30 Balance & Strengthening Class ER 10:00 Flower Arranging ER</p> <p>11:00 Chair Volleyball ER</p> <p>1:00 Community Exercise Group ER 2:30 Blackjack Game ALDR</p>	<p>25</p> <p>9:00 Classical Music w/Jonathan BR 9:45 Shopping Trip to King Soopers-Please sign up</p> <p>1:00 Therapy Led Exercise Class ER</p> <p>2:30 Afternoon Teatime ALDR</p>	<p>26</p> <p>9:30 Balance & Strengthening Class ER 10:15 Midweek Devotion ALDR 11:00 Exercise Class ER</p> <p>1:30 Afternoon Cinema ER <u>The Dust Bowl</u>-Paty II</p> <p>-Serving popcorn in ER</p>	<p>27</p> <p>9:30 Catholic Fellowship ALDR 10:00 Table Centerpiece Arrangements ER 11:00 Exercise Class ER 12:15 Bistro Store is Open</p> <p>2:30 Travel Presentation with Sue-England ALDR 6:00 Evening Bingo ER</p>	<p>28</p> <p>9:30 Balance & Strengthening Class ER 10:00 Cardmaking with Trudy ER 11:00 Exercise Class ER</p> <p>2:30 February Birthday Party Linda & Jim Beveridge ALDR</p> <p>Ramadan Begins</p>	

Activities and Times are subject to change. All Outings are Weather permitting. Audiology Clinic: Feb. 7th 1-4