

| Sunday                                                                                                                                                                                                                | Monday                                                                                                                                                                                                            | Tuesday                                                                                                                                                                                                                      | Wednesday                                                                                                                                                                                                                          | Thursday                                                                                                                                                                                                                                                   | Friday                                                                                                                                                                                                                                                      | Saturday                                                                                                                                                                         |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Room Location:</b><br>ALDR-Assisted Living Dining Room<br>ALR-Assisted Living Room<br>B-Bistro<br>ER-Exercise Room<br>PDR-Private Dining Room<br>BR-Brook Room                                                     | <b>1</b><br>9:30 Balance & Strengthening Class ER<br><br>10:00 Independent Kings in the Corner ER<br><br>11:00 Exercise Class ER<br><br>2:30 Blackjack Game ALDR                                                  | <b>2</b><br>9:00 Classical Music w/Jonathan BR<br>9:45 Shopping Trip to King Soopers-Please sign up<br><br>1:30 Weld Mobile Library ALR<br><br>2-3:30 Holiday Mart and Refreshments ALDR<br><br><b>-Dermatology is here-</b> | <b>3</b><br>9:30 Balance & Strengthening Class ER<br><br>11:00 Exercise Class ER<br><br>1:30 Afternoon Cinema ER<br><u>Secondhand Lions</u><br>-Serving popcorn in ER<br><br><b>-Podiatry is here, next to the ER-</b>             | <b>4</b><br>9:30 Catholic Fellowship ALDR<br><br>9:30 Christmas Craft ER<br>11:00 Exercise Class ER<br>12:15 Bistro Store is Open<br>2:00 Paint & Polish Nails ER<br>2-3 Medical Record Picture Re-take Day ER<br>6:00 Bingo Game ER                       | <b>5</b><br>9:30 Balance & Strengthening Class ER<br><br>10:00 <u>Resident Social</u> with Egg Nog or Hot Apple Cider ER<br><br>11:00 Exercise Class ER<br><br>2:30 Music Event ALDR<br>Frontier Academy Orchestra                                          | <b>6</b><br>9:00 Coffee & Chat B<br>10:00 Chair Yoga Video ER<br><br>11:00 Exercise Class ER<br><br>1:15-2:00 Bingo ALDR<br><br>2:30 Snacks in the Bistro: Lemon Bars            |
| <b>7</b><br>9:00 Coffee & Donuts B<br>9:00 Church Service on tv/Channel 18<br>10:00 Church with Steve Madrid ALDR<br><br>2:00 Bistro Store is open<br>2:30 Bingo ALDR                                                 | <b>8</b><br>9:30 Balance & Strengthening Class ER<br><br>10:00 Mexican Train Dominos ER<br><br>11:00 Chair Volleyball ER<br><br>2:30 Jeopardy Game ER                                                             | <b>9</b><br>10:00 Music Therapy ALDR<br><br>11:15 Exercise Class ER<br><br>2:00 Resident Food Committee ER<br><br>2:30 Resident Council ER                                                                                   | <b>10</b><br>9:30 Balance & Strengthening Class ER<br>11:00 Exercise Class ER<br><br>1:30 Afternoon Cinema ER<br><u>Christmas with the Kranks</u><br>-Tim Allen<br>-Serving popcorn in ER<br>2:00 Trinity Episcopal Communion ALDR | <b>11</b><br>9:30 Catholic Fellowship ALDR<br><br>9:45 Baking in the Basement<br>11:00 Exercise Class ER<br>12:15 Bistro Store is Open<br><br>2:30 Pictionary Game ER<br><br>6:00 Poker Game ER                                                            | <b>12</b><br>9:30 Balance & Strengthening Class ER<br><br>9:30 Our Savior's Bible Study PDR<br><br>11:00 Exercise Class ER<br><br>2:30 Music Event ALDR<br>Flute Quartet                                                                                    | <b>13</b><br>9:00 Coffee & Chat B<br>10:00 Chair Yoga Video ER<br><br>11:00 Exercise Class ER<br><br>1:15-2:00 Bingo ALDR<br><br>2:30 Snacks in the Bistro: Ice Cream Sandwiches |
| <b>14</b><br>9:00 Coffee & Donuts B<br>9:00 Church Service on tv/Channel 18<br>10:00 Church with Our Savior's Lutheran ALDR<br><br>2:00 Bistro Store is open<br>2:30 Bingo ALDR<br><br><small>Hanukkah Begins</small> | <b>15</b><br>9:30 Balance & Strengthening Class ER<br><br>10:00 Christmas Sing Along to Classic Christmas Carols ALDR<br><br>11:00 Exercise Class ER<br><br>2:30 Blackjack Game ALDR<br>5:15 Carolers in the ALDR | <b>16</b><br>9:00 Classical Music w/Jonathan BR<br>9:45 Shopping Trip to King Soopers-Please sign up<br><br>1:30 Weld Mobile Library ALR<br><br>2:30 Showing <u>The Chosen</u> ER                                            | <b>17</b><br>9:30 Balance & Strengthening Class ER<br><br>11:00 Exercise Class ER<br><br>1:30 Crafts with Connie ER                                                                                                                | <b>18</b><br>9:30 Catholic Fellowship ALDR<br>10:00 Activity Planning Committee ER<br>10:30 Lifelong Learning ER<br>11:00 Exercise Class ER<br>12:15 Bistro Store is Open<br>2:00 Paint & Polish Nails ER<br><br>5:30 Christmas Light Ride -please sign up | <b>19</b><br>9:30 Balance & Strengthening Class ER<br><br>10:00 Hangman Game ER<br><br>11:00 Exercise Class ER<br><br>2:30 Music Event ALDR<br>Ray Delgado                                                                                                  | <b>20</b><br>9:00 Coffee & Chat B<br>10:00 American Tapestry Carolers ALDR<br><br>11:00 Exercise Class ER<br><br>1:15-2:00 Bingo ALDR<br><br>2:30 Snacks in the Bistro: Cake     |
| <b>21</b><br>9:00 Coffee & Donuts B<br>9:00 Church Service on tv/Channel 18<br>10:00 Church with Steve Madrid ALDR<br><br>2:00 Bistro Store is open<br>2:30 Bingo ALDR<br><br><small>Winter Begins</small>            | <b>22</b><br>9:30 Balance & Strengthening Class ER<br><br>10:00 Video-US Airforce Concert ER<br><br>11:00 Chair Volleyball ER<br><br>2:30 Jeopardy Game ER<br>5:15 Carolers in the ALDR                           | <b>23</b><br>9:30 Bug the Dog visits ER<br><br>11:00 Exercise Class ER<br><br>2:30 Afternoon Teatime ALDR                                                                                                                    | <b>24</b><br>10-10:45 Christmas Eve Service ALDR<br>11:15 Exercise Class ER<br><br>1:30 Afternoon Cinema ER<br><u>Miracle on 34<sup>th</sup> Street</u><br>-Serving popcorn in ER                                                  | <b>25</b><br>9:30 Rose Parade ALR<br><br>11:00 Exercise<br><br>1:15-2:00 Bingo ALDR<br><br><small>Christmas</small>                                                                                                                                        | <b>26</b><br>9:30 Balance & Strengthening Class ER<br><br>10:00 Making Greeting Cards with Trudy ER<br><br>11:00 Exercise Class ER<br>2:30 December Birthday Party Music with Rick Martin ALDR<br><br><small>Boxing Day (Canada)<br/>Kwanzaa Begins</small> | <b>27</b><br>9:00 Coffee & Chat B<br>10:00 Chair Yoga Video ER<br><br>11:00 Exercise Class ER<br><br>1:15-2:00 Bingo ALDR<br><br>2:30 Snacks in the Bistro: Brownies             |
| <b>28</b><br>9:00 Coffee & Donuts B<br>9:00 Church Service on tv/Channel 18<br>10:00 Streaming Church ER<br><br>2:00 Bistro Store is open<br>2:30 Bingo ALDR                                                          | <b>29</b><br>9:30 Balance & Strengthening Class ER<br><br>10:00 Table Centerpiece Flower Arranging ER<br><br>11:00 Exercise Class ER<br><br>2:30 Blackjack Game ALDR                                              | <b>30</b><br>9:00 Classical Music w/Jonathan BR<br>9:45 Shopping Trip to King Soopers-Please sign up<br><br>2:30 Showing <u>The Chosen</u> ER                                                                                | <b>31</b><br>9:30 Balance & Strengthening Class ER<br><br>11:00 Exercise Class ER<br><br>2:30 New Year's Eve Celebration ALDR<br><br><small>New Year's Eve</small>                                                                 | <div> <div>December</div> <div>2025</div> <div>Assisted &amp; Independent Living</div> </div>                                                                                                                                                              |                                                                                                                                                                                                                                                             |                                                                                                                                                                                  |

Activities and Times are subject to change. Dermatology-Dec. 2<sup>nd</sup> Podiatry-Dec. 3<sup>rd</sup> No Audiology this month.